



Your In-Home Care Specialists

We Help You With The Details

Together we determine the best options for your individual care, and find providers that work best for you. We will assist you every step of the way.

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Call us today for
more information



Toll Free
866.344.2371

Tambien Hablamos Espanol

www.ConsumerDirectNM.com



Your In-Home Care Specialists

EVERY LIFE. EVERY MOMENT. EVERY DAY.



Made Better

By Caring

Caring for others comes naturally in New Mexico. Our long history of pioneering, championing change, and never shying away from a challenge has made us strong and resilient. By overcoming roadblocks and retaining our compassion during times of difficulty, we have proven that when standing together, we can achieve anything.



C O N S U M E R D I R E C T C A R E N E T W O R K N E W M E X I C O

A Culture of Caring for You

Consumer Direct Care Network provides services and supports that help people and families of all ages including children, older adults and those with disabilities, remain safe, healthy and independent in their own homes. We value the strength and ability of each person. We believe that by helping manage your own care, we contribute to your health and help build healthier, happier communities.

We focus on the possible. Our Care Network provides you a coordinated care group that offers in-home care services. We take the time to find out your needs, what programs you have qualified for, and how we can assist you in meeting your in-home care needs. If you are not certain what type of care is necessary, our veteran team of professionals can expertly assist you in choosing appropriate supports and/or services.

WE ARE HERE TO ASSIST YOU.
Tambien Hablamos Espanol



LIVE WELL AND INDEPENDENTLY AT HOME



You have spent a lifetime making your own decisions. Your in-home care, or care for a family member or loved one, should be no different. Our services allow you to determine level of care, the hours, and the caregiver best suited to your specific needs. We help with activities of daily living to make your life easier, safer and healthier. We help with bathing and dressing, or shopping and keeping your home safe for your needs. You have the central role in selecting, training and scheduling your workers.

We are providers under Centennial Care's Agency Based Community Benefit (ABCB) and Self Directed Community Benefit (SDCB).

Personal Care Services-Directed Model

This directed service option gives you more choice and control over the care you receive and the person who provides that care. You recruit, select and train your caregiver and we are here to assist you.

If you are eligible to receive Personal Care Services, we can assist with these activities of daily living:

- Individualized bowel and bladder services, including toileting
- Meal preparation and assistance
- Eating
- Household support services, including shopping and errands
- Hygiene and grooming, including help with dressing, physician ordered skin care
- Supportive mobility assistance, ambulation, transferring, and repositioning

Personal Care Services-Delegated Model

Under this option we take care of all of the details for you. We have a trained and experienced group of Personal Care Attendants (PCAs) that are ready to assist you. We also provide back-up care should your assigned PCA call out for a scheduled shift.

Our Personal Care Attendants provide care in the following areas:

- Individualized bowel and bladder services, including toileting
- Meal preparation and assistance
- Eating
- Household support services, including shopping and errands
- Hygiene and grooming, including help with dressing, physician ordered skin care
- Supportive mobility assistance, ambulation, transferring, and repositioning

Support Broker Services

Through the Self-Directed Community Benefit (SDCB) program, we assist eligible members with the self-direction of their own care. Consumer Direct SDCB Consultants have been successfully supporting members to achieve success in the Centennial Care program since it was established in 2014. Our consultants are ready to:

- Help identify your goals.
- Development of individualized support plans.
- Identifying informal and generic supports as well as traditional human service agencies.
- Help in choosing supports that fulfill the goals of the individualized plan.
- Managing your allocated budget.
- Negotiating rates and contracting for services with the chosen providers.
- Monitoring the supports for quality on an ongoing basis.

Mi Via

Our Care Network Mi Via Consultants have been successfully supporting participants to achieve success in the Mi Via program since it was established in 2006. The program's goal is to provide a home and community-based service alternative, which would otherwise be provided by institutions. Our consultants are ready to:

- Provide program information and orientation
- Assist with the eligibility process and annual recertification
- Conduct Program Enrollment
- Assist with Planning and implementation of service and support plans and budgets
- Assist with budget and plan monitoring on a monthly basis